



**British Journal of Pharmaceutical Research**  
1(3): 66-87, 2011

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## Pharmacological Agents in Dentistry: A Review

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**Review Article**

**Received 3<sup>rd</sup> May 2011**  
**Accepted 2<sup>nd</sup> June 2011**  
**Online Ready 5<sup>th</sup> June 2011**

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### ABSTRACT

All clinicians should be fully aware of the recent trends in their speciality to enable them to provide effective and successful treatment to their patients. One vital aspect of the treatment is that the clinician should constantly update his knowledge on the drugs being administered during the course of treatment and their interactions. The purpose of this article is to review the current pharmacological agents being used in Prosthodontics along with their interactions and indications. The paper mainly focuses on Therapeutic drugs and drugs that aid in prosthodontics treatment. Therapeutic drugs include local anesthetics, antiseptics, steroids, analgesics, antimicrobials, antifungals, antianxiety drugs, centrally acting muscle relaxants. Drugs that aid in prosthodontics treatment include astringents, vasoconstrictors, hemostatic agents, sialogogues, anti-sialogogues, denture cleansers, gum paints, denture adhesives, ORAL protective agents and demulcents. An odontologist should have sound knowledge of the benefits and drawbacks of all these agents. This will enable the clinician to provide a safe and predictable treatment to the patients.

*Keywords: Pharmacotherapeutics; Drugs; Dentistry;*

## **1. INTRODUCTION**

Rapid progress in dental pharmacotherapeutics requires that clinicians constantly update their knowledge of new drugs, drug interactions and useful therapeutic trends. The pharmacological agents aid in rapid healing and repair of the damaged tissues, relieve patients of pain and bring back the tissues to the healthy state. These drugs play a useful role in prosthodontics in the treatment of ulcerations, inflammations, xerostomia and bleeding during gingival retraction. They also help in reducing dentinal hypersensitivity during vital tooth preparation and increasing the gingival resistance against infections.

These pharmacological agents can be classified as:-

- I. Therapeutic drugs.
- II. Drugs that aid in prosthodontics treatment.

## **2. THERAPEUTIC DRUGS**

### **2.1 Local Anesthetics**

Local Anesthetics (LA) are the drugs which upon topical application or local injection cause reversible loss of sensory perception, especially of pain, in a restricted area of the body. These drugs act by excessive stimulation followed by depression (Bennett, 1984a). To work efficiently, the dental local anesthetics should have some requirements (Haas, 2002) such as:

- High intrinsic activity, which ensures complete anesthesia for all dental treatment
- Rapid onset
- Adequate duration of anesthesia (30 to 60 min for standard dental treatment)
- Low systemic toxicity
- High efficacy-toxicity ratio
- Low overall incidence of serious adverse effects

Chemically local anesthetics are classified as either Esters or Amide types. The ester based agents Procaine and Cocaine are no longer widely used as dental anesthetics due to their unwanted side effects. The commonly used injectable dental local anesthetics are explained in table 1. Anesthetic preparations for dental use differ from those for nondental use. The concentration of local anesthetics for dental use is higher, because the volume which can be injected into the oral mucosa is limited. Local anesthetics cause some degree of vasodilation, therefore, vasoconstrictor agents can be added to local anesthetic solutions to antagonize LA action, reduce bleeding at surgical site, diminish toxicity and prolong the duration of anesthesia (Table 1.1). An acidic carrier solution is added to the LA cartridge to maintain the pH of the solution. Apart from this the dental cartridge also contains a reducing agent Metabisulfite that prevents oxidation of the vasoconstrictor and Thymol that acts as a fungicide (Bahl, 2004).

Local anesthetics containing vasoconstrictor agents are to be used with caution in patients with pheochromocytoma, uncontrolled or unstable angina, cardiac arrhythmias, congestive heart failure, hyperthyroidism, or diabetes. Recommended maximum dosage of epinephrine for a healthy individual is 0.2 mg, while 0.04 mg for a patient with clinically significant cardiovascular disease. If 1:100,000 concentration of epinephrine is considered then the

amount of Lignocaine administered is 20 ml in healthy individual (Bennett, 1984b) and 4 ml in patients with cardiovascular diseases (Bennett, 1984c).

For short dental procedures a short or medium acting local anesthetic like 2% Lidocaine+1:100,000 Epinephrine is used, whereas for long dental procedures such as implants one can use 0.5% Bupivacaine+1:200,000 Epinephrine (Bennett, 1984d). Along with these anesthetic agents, Articaine has also been widely used and it has been seen that, soft tissue anesthesia and pain experience after 4% Articaine with 1:100,000 Adrenaline, and 2% Lignocaine with 1:100,000 Adrenaline are similar (Oliveira et al., 2001). Occasionally, these local anesthetic agents may lead to local and systemic side effects, if not used carefully. The local adverse effects can be in the form of hematoma, spread of infection, temporary/permanent nerve damage (Chen, 1998), while systemic reactions fall into four categories: toxic (drug overdose, rapid absorption, intravascular injection), psychogenic, idiosyncratic, or allergic (Malamed, 1990). The amide classes of local anesthetics are significantly less allergenic than the ester type. If allergic reactions occur, the immediate treatment is intravenous injection of 0.01 ml per kilogram body weight adrenaline, supplemented by antihistamine agents such as 10 to 20 mg chlorpheniramine, or 50 mg hydroxyzine or promethazine hydrochloride (Ball, 1999). Although, allergy to lignocaine is known to be extremely rare, it continues to be suggested as a cause when adverse reactions to dental injections occur. In fact, the overwhelming majority of adverse reactions to local anesthetics is psychogenic in nature and related to fear. A smaller proportion of adverse responses can be attributed to intravascular injections that are avoidable if injections are administered carefully and with previous suction (Rood, 2000). Apart from these injectable agents, certain topical anesthetics (Table 2) are used in the oral cavity to provide pain relief at needle insertion site and over ulcerations. Topical anesthetic agents can also provide some form of relief in patients exhibiting gagging during the impression procedure. Glycerine, lanolin, petrolatum, mineral oil, sodium carboxymethylcellulose, propylene glycol and polyethylene glycol are used as vehicles for topical anesthetics (Adriani and Zepernick, 1964).

## **2.2 Antiseptics**

Antiseptics are drugs that are applied on the body surfaces to prevent infection by killing or inhibiting the growth of pathogenic bacteria either by oxidation of bacterial protoplasm or denaturation of bacterial proteins including enzymes (Tripathi, 2008a). Amongst the various types of antiseptics available, chlorhexidine a biguanide, is one of the most commonly used. It is found to be more effective against Gram positive micro-organisms, while less effective against Gram-negative micro-organisms, fungi, and ineffective against spores and viruses. Therefore, mouth rinses containing chlorhexidine are widely prescribed in patients with persistent areas of oral inflammation (Newman et al., 2006). Daily oral irrigation with 0.06 to 0.12% chlorhexidine has been shown to be an effective method for the treatment of chronic gingivitis and aphthous ulcers (Brownstein et al., 1990). Chlorhexidine digluconate, at concentrations of 0.12%, binds to hard tissue, soft tissue and salivary protein of oral cavity and then releases slowly, thereby reducing the formation of plaque and inflammation (Yankell et al., 1982). The patient suffering from traumatic ulcer and inflammation after denture insertion is asked to swish 10 ml of chlorhexidine mouthwash for 1 minute that will facilitate healing. Commonly available chlorhexidine containing mouthwashes include Peridex, Periochip, Perichlor, Corsodyl and Periogard oral rinse. Recently, alcohol free dental pH mouthwash has been introduced which has a distinctive working action.

**Table 1. Injectable Local Anaesthetic agents used in Dentistry**

| Parameters                     | Anaesthetic agents                |  |                          |                            |  |
|--------------------------------|-----------------------------------|--|--------------------------|----------------------------|--|
|                                | Lignocaine                        | Articaine  | Bupivacaine              | Prilocaine                 | Mepivacaine                                      |
| Concentration                  | 2-3%                              | 4%   | 0.25-0.5%                | 3-4%                       | 2-3%   |
| Vasoconstrictor                | Epinephrine<br>1:50,000-1:100,000 | Epinephrine<br>1:100,000-1:200,000<br>or without | Without<br>epinephrine   | Felypressin<br>1:1,850,000 | Epinephrine<br>1:66,000 -1:100,000<br>or without |
| Chemical class                 | Amide                             | Amide with Ester<br>side chain                   | Amide                    | Amide                      | Amide  |
| Onset                          | Rapid                             | Rapid  | Slow                     | Slow                       | Rapid  |
| Duration (with<br>Epinephrine) | 120-240 minutes                   | 140-270 minutes                                  | 4-8 hours                | 90-360<br>minutes          | 120-180 minutes                                  |
| Maximum dose                   | 4.5-7 mg/kg                       | 4-7 mg/kg  | 2.5-3 mg/kg              | 5-7.5mg/kg                 | 5-7mg/kg   |
| Brand name                     | Xylocitin/Xylestesin              | Ubistesin/Ultracain<br>/Septocaine               | Carbostesin/<br>Marcaine | Xylonest/<br>Citanest      | Scandonest/Mepivastesin<br>/Carbocaine           |

**Table 1.1. Recommended dosage of L.A.**

|  | With vasoconstrictor             | Without vasoconstrictor           |
|--|----------------------------------|-----------------------------------|
| Recommended dosage of<br>L.A. (Bennett, 1984)            | 500mg<br>(6.6 mg/kg body weight) | 300 mg<br>(4.4 mg/kg body weight) |
| Maximum syringes*<br>administered in healthy<br>patients | 12.5 syringes                    | 7.5 syringes                      |

\* One Syringe contains 2 ml of solution.

(Each 2 ml contains 40 mg of Lignocaine and 0.02 mg of epinephrine)

This advanced formula consists of two phases, a water-based phase incorporating the antibacterial agent Cetylpyridinium Chloride (CPC), and an oil-based with natural essential oils that removes an adherent bacterial layer from a solid surface and exhibits a continuing inhibitory effect on bacterial activity (New addition to alcohol free mouthwash range, 2009).

**Table 2. Topical local anesthetic agents**

| Parameters     | Anaesthetic agents                             |             |  |                                       |
|----------------|--|-------------|--|---------------------------------------|
|                | Benzocaine                                     | Dyclonine   | Lidocaine  | Tetracaine                            |
| Concentration  | 6-20%  | 0.5-1%      | 2-5%   | 0.2-2%                                |
| Available as   | Liquid,<br>Spray,<br>Ointment,<br>gel,         | Solution    | Gel, ointment<br>Liquid,<br>Solution,<br>10% spray | Liquid,<br>Spray,<br>Ointment         |
| Chemical class | Ester  | Ketone      | Amide  | Ester                                 |
| Duration       | 30-60 minutes                                  | <60 minutes | 30-60 minutes                                      | 30-60 minutes                         |
| Max dose       | 5000mg   | 300 mg      | 200mg  | 20mg                                  |
| Brand name     | Anbesol<br>Benzodent<br>Gingicaine<br>Topicale | Dyclone     | Xylocaine<br>Alphacaine<br>Octocaine<br>Dologel    | Pontocaine<br>Supracaine<br>Cetacaine |

### 2.3 Steroids

Steroids play a role in the modulation of the inflammatory reaction by inhibitory activity affecting the production of mRNA and thus protein synthesis. Application of topical steroid preparations provides temporary relief of symptoms associated with inflammation and ulcerated lesions in the oral cavity such as recurrent aphthous stomatitis. These topical ointments include Triamcinolone acetonide 0.1%, Kenalog in Orabase; hydrocortisone acetate 1% and Betamethasone dipropionate 0.05%. Topical use of steroids is usually well tolerated but some patients may develop a secondary erythematous candidosis or pseudomembranous candidosis (thrush) if predisposing conditions like xerostomia, systemic and/or topical use of antibiotics, corticosteroid asthma inhalants, prostheses and cigarette smoking are present in them. Even though clinical experience and laboratory studies have shown systemic absorption of steroids to be insignificant through the oral mucosa but caution should be exercised when used in patients with diabetes, hypertension, tuberculosis and those with extensive area of coverage and unmonitored usage (Savage and McCullough, 2005).

### 2.4 Analgesics

Analgesic agents are used for the management of pain and can be divided into the Nonopioid (non-narcotic), Acetaminophen (Paracetamol) and the Opioid (narcotic). An important difference between the opioids and the nonopioid analgesic agents is their mechanism of action. The action of the nonopioid analgesic agents is related to their ability to inhibit prostaglandin synthesis at the peripheral nerve endings whereas the opioids affect the amount of pain by depressing the central nervous system.

#### **2.4.1 Non steroidal anti-inflammatory Drugs (NSAIDs')**

The NSAIDs constitute a heterogeneous group of drugs with clinically important analgesic, antipyretic and anti-inflammatory properties that rank intermediately between corticoids with anti-inflammatory properties on one hand, and major analgesics – opioids on the other (Poveda-Roda et al., 2007). These agents differ from opioid analgesics in the following ways: (1) there is a ceiling effect to the analgesia; (2) they do not product tolerance or physical dependence; (3) they are antipyretic; and (4) they possess both anti-inflammatory as well as analgesic properties (Yagiela et al., 2004a). Nonopioids are most effective in treating postprocedural pain when given before the procedure (or immediately following a short procedure), thus preventing the synthesis of prostaglandins that quickly follow the surgical insult. Table 3 lists the currently available NSAIDs.

#### **Mechanism of action of NSAIDs**

Physical, chemical or mechanical stimuli in the form of tissue damage, hypoxia, immune processes, etc. induce arachidonic acid release and metabolization. NSAIDs inhibit cyclooxygenase (COX) – the enzyme responsible for the transformation of arachidonic acid into prostaglandins and thromboxanes, which are substances generically referred to as eicosanoids. These resulting metabolites (prostaglandins and thromboxanes) exert potent vasodilating action, resulting in increased vascular permeability, with the extravasation of fluids and white blood cells thereby contributing to inflammation. Consequently, the inhibition of cyclooxygenase synthesis exerts a clear anti-inflammatory effect (Poveda-Roda et al., 2007). Out of the two forms (isoenzymes) of cyclooxygenase namely cyclooxygenase-1 (COX-1) and cyclooxygenase-2 (COX-2) the latter COX-2 appears to be more involved with synthesis of prostaglandins at sites of inflammation, whereas COX-1 is more involved at sites where adverse effects of NSAIDs are expressed, such as the gastrointestinal tract. Therefore NSAIDs that have more selective inhibitory activity on COX-2 as opposed to COX-1 would be expected to have a more favorable therapeutic index (Waldman et al., 1982). Celecoxib, Rofecoxib and Parecoxib are drugs showing selective COX-2 inhibitory action but these should be avoided in patients with moderate to severe hepatic damage. Potential adverse effects of NSAIDs include peptic ulcer disease, gastrointestinal (GI) bleeding, GI perforation, impaired renal function and inhibition of platelet function. These side effects are more pronounced in drugs showing COX-1 inhibitory activity. Salicylates should be avoided in patients suffering from Ulcers, Asthma, Diabetes, Gout, Influenza and hypercoagulation states. Aspirin and related salicylates are contraindicated for treatment in children and teenagers with viral infections, as it has been associated with hepatotoxicity and encephalopathy (Reye's syndrome) (Waldman et al., 1982). Ibuprofen, naproxen sodium, ketoprofen and aspirin are currently approved by the food and drug administration for over the counter (OTC) use. These OTC drugs should not be used consecutively for over 10 days for pain and 3 days for fever (Yagiela et al., 2004b). A 200 to 800 mg dose of ibuprofen should be considered as the first choice for management of acute inflammatory pain (Hargreaves and Abbott, 2005).

**Table 3. Nonsteroidal anti-inflammatory drugs**

| Group                        | Generic name  | Trade name                            | Maximum adult dose (mg)                 | Dosing interval (hours)    | Dosing form   |
|------------------------------|---|---------------------------------------|---|----------------------------|---|
| Salicylic acid derivatives   | Asprin  | -                                     | 325-650                                 | 4                          | Tablets   |
| Aryl-Acetic acid derivatives | Diclofenac  | Voveran/Diclonac/<br>Movonac          | 50                                      | 8                          | Tablets/Suppositories/<br>Injection                         |
| Oxicams                      | Aceclofenac   | Aceclo/Dolokind                       | 40 on first day/20<br>on following days | 12-24                      | Tablets/ Suppositories                                      |
|                              | Piroxicam   | Dolonex/Pirox<br>Piricam              |   |                            |   |
|                              | Meloxicam   | Meflam Mel-OD                         |   |                            |   |
|                              | Lornoxicam  |                                       |   |                            |   |
| Propionic acid derivatives   | Ibuprofen/Ketoprofen/Flurbiprofen/<br>Fenoprofen/Naproxen/Oxaprozin |                                       | 400/50/50/200/250/<br>600-1200          | 4-<br>6/6/6/4-<br>6/6-8/24 | Tablets/<br>Suppositories                                   |
| Anthranilic acid (Fenamates) | Mefenamic acid/<br>Meclofenamate                                    | Medol/Meftal/<br>Ponstan              | 250                                     | 6                          | Capsule/ Tablet/<br>Suspension                              |
| Coxibs                       | Celecoxib   | Celact/Revibra                        | 200                                     | 12-24                      | Capsules  |
|                              | Etoricoxib  | Etody/Etoxib                          | 120                                     |                            | Tablets   |
|                              | Parecoxib   | Revaldo/Valto                         | 40                                      |                            | Solution for injection                                      |
| Pyrazolones                  | MetamizolPhenylbutazone<br>Oxyphenbutazone                          | Analgin                               | 500-1500                                |                            | Capsules/Solution for<br>injection/Suppositorie/<br>Sachets |
| Indole                       | Indomethacin  | Indicin/Indoflam/<br>Indocap/Recticin | 200-400                                 | 6-8                        | Capsules/<br>Suppository                                    |
|                              | Etodolac  |                                       |   |                            |   |
| Pyrrolo-pyrrole derivative   | Ketorolac   | Ketorol/Zorovon/<br>Torolac           | 10                                      | 4-6                        | Tablets/Solution for<br>injection                           |

#### **2.4.2 Acetaminophen (Paracetamol)**

It has analgesic and anti-pyretic effects, and it is a weak inhibitor of the cyclo-oxygenase sub-groups COX-1 and COX-2. At therapeutic doses it does not inhibit prostaglandin in the peripheral tissues so there is very little, if any, anti-inflammatory action. It is therefore not classified as an NSAID (Felpel, 1997). Tolerance and dependence have not been reported, and Paracetamol does not cause the same gastric irritation or the other complications associated with aspirin and other NSAIDs (Seymour et al., 1999).

The usual recommended adult dose of Paracetamol is 500-1000mg every four to six hours (up to a maximum of 4000mg per day) (Therapeutic guidelines, 2002).

#### **2.4.3 Opioid Analgesics**

Opioid analgesics used in dentistry for oral administration are Codeine, Hydrocodone, Oxycodone and Pentazocaine whereas Morphine, Meperidine and Fentanyl are used parenterally (Table 4). Opioids are added to nonopioids to manage pain that is moderate to severe or that does not respond to nonopioids alone. Opioids differ from the nonopioids in that they have no ceiling effect. The only dosing limitation is based on side effects (Felpel, 1997).

#### **Mechanism of action of Opioids**

Opioid-induced analgesia results from agonist action at one or more of opiate receptors namely mu ( $\mu$ ), kappa ( $\kappa$ ), delta ( $\delta$ ), and sigma ( $\sigma$ ) at the level of the brain and spinal cord, whereas side effects result from their activation at both central and peripheral sites. Morphine and Codeine, produce analgesia and euphoria by an agonist action at  $\mu_1$ -receptors and side effects of respiratory depression and constipation by an agonist action at  $\mu_2$ -receptors. Opioids, which are agonists at some receptors and antagonists at others, are called "mixed" agents or partial agonists. Pentazocine, for example, causes analgesia by an agonist action at  $\kappa$ -receptors and dysphoria by an agonist action at  $\sigma$  receptors. The third class of opioids is antagonists at opioid receptors and is therefore primarily used to treat opioid overdose (Felpel, 1997). Repeated use of opioids for control of pain can lead to analgesic tolerance (loss of analgesic effect), as well as physical and sometimes psychologic dependence. Their undesirable effects, include respiratory depression, urinary retention, sedation, nausea and vomiting, and constipation. Coadministration of Opioids with Tricyclic antidepressants and Phenothiazines is known to produce additive CNS depression and orthostatic hypotension (Yagiela et al., 2004c). Meperidine a synthetic opioid, can cause a life-threatening drug interaction with Monoamine oxidase inhibitors and in contrast to other opioids, its overdose causes CNS stimulation.

#### **2.4.4 Combination drug therapy**

The goal of combining analgesics with different mechanisms of action is to use lower doses of the component drugs, thereby improving analgesia without increasing adverse effects (Mehlich, 2002). Patients with acute dental pain are best treated with NSAIDs or acetaminophen as the primary analgesic and the addition of a narcotic should be reserved for situations when additional analgesia is required. Opioid and acetaminophen combination studies show that a combination is better than opioids or acetaminophen alone (Moore et al., 1997). Opioids such as codeine, hydrocodone and oxycodone combined with ibuprofen are superior to manage acute dental pain than ibuprofen alone (Po and Zhang, 1998). The



analgesic properties of aspirin, acetaminophen and ibuprofen have been seen to increase when combined with 65 to 100 mg caffeine. Table 5 lists the drugs available as a combination therapy for use in Dentistry.

**Table 4. Opioid analgesics**

| Group              | Generic name       | Trade name   | Therapeutic dose (mg) | Duration of action (hr) | Route of administration |              |
|--------------------|--------------------|--------------|-----------------------|-------------------------|-------------------------|--------------|
| Agonist analgesics | Alfentanil         | Alfenta      | 0.5-2                 | 0.5                     | Intravenous             |              |
|                    | Codeine            | -            | 30-60                 | 4-6                     | Oral                    |              |
|                    | Fentanyl           | Sublimaze    | 0.05-0.1              | 1-1.5                   | Intramuscular           |              |
|                    |                    |              | 0.05-0.1              | 0.5-1                   | Intravenous             |              |
|                    | Hydrocodone        | Dicodid      | 5-10                  | 4-6                     | Oral                    |              |
|                    | Levorphanol        | Levodromoron | 2-3                   | 4-5                     | Subcutaneous            |              |
|                    |                    |              |                       |                         | Oral                    |              |
|                    | Meperidine         | Demerol      | 50-100                | 2-4                     | Intramuscular           |              |
|                    | Methadone          | Dolophine    | 2.5-10                | 3-5                     | Intramuscular           |              |
|                    |                    |              |                       |                         | Subcutaneous            |              |
|                    | Morphine           | -            | 5-15                  | 4-6                     | Oral                    |              |
|                    |                    |              | 10-15                 | 4-5                     | Intramuscular           |              |
|                    | Agonist-Antagonist | Oxycodone    | In percodan           | 20-60                   | 3-5                     | Subcutaneous |
|                    |                    |              |                       | 5-10                    | 4-5                     | Oral         |
| Oxymorphone        |                    | Numorphan    | 1-1.5                 | 4-6                     | Intramuscular           |              |
| Propoxyphene       |                    | Darvon       | 32-65                 | 4-6                     | Oral                    |              |
| Buprenorphine      |                    | Buprenex     | 0.4-0.8               | 6-8                     | Intramuscular           |              |
|                    |                    |              |                       |                         | Sublingual              |              |
| Butorphanol        |                    | Stadol       | 1-4/0.5-2             | 3-4/2-4                 | Intramuscular           |              |
|                    |                    |              | 1-2                   | 3-4                     | Intravenous             |              |
| Dezocine           |                    | Delgan       | 5-20                  | 3-6                     | Intramuscular           |              |
|                    |                    |              | 2.5-10                | 2-4                     | Intravenous             |              |
| Nalbuphine         | Nubain             | 10           | 3-6                   | Intravenous             |                         |              |
|                    |                    |              |                       | Intramuscular           |                         |              |
| Pentazocine        | Talwin             | 30           | 3-4                   | Subcutaneous            |                         |              |
|                    |                    | 50           | 3-4                   | Intramuscular           |                         |              |
| Antagonist         | Naloxone           | Narcan       | 0.4-2                 | 1-2                     | Oral                    |              |
|                    |                    |              |                       |                         | Intravenous             |              |
| Others             | Naltr              | Trexan       | 25                    | 1-4                     | Oral                    |              |
|                    |                    |              | 50                    | 5-6                     | Oral                    |              |

## 2.5 Antimicrobials

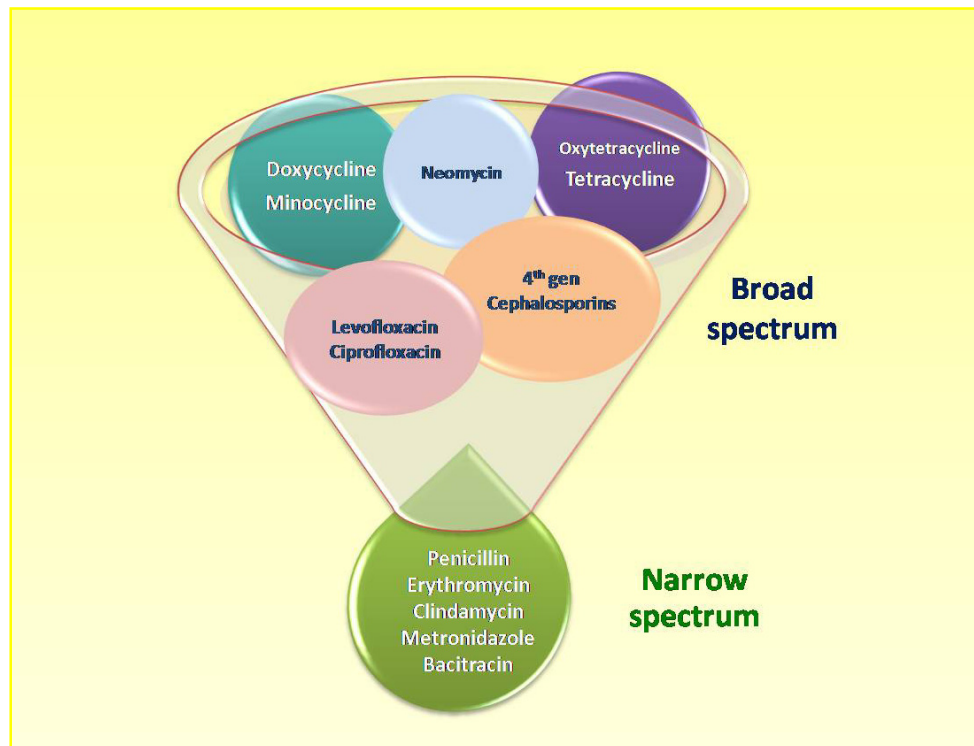
Antibiotics are chemicals virtually always derived naturally with the exception of ulfonamides, fluoroquinolones and oxazolidinones. These drugs act on the microorganisms to effect their viability hence they can be either bactericidal (inducing cell death) or bacteriostatic (preventing cell growth or replication) (Yagiela et al., 2004d). Antibiotics with activity against a wide range of disease-causing bacteria are termed as broad-spectrum antibiotics. It also means that it acts against both Gram-positive and Gram-negative bacteria. This is in contrast to a narrow-spectrum antibiotic which is effective against only specific families of bacteria (Figure 1). Table 6 lists the various antimicrobial agents available for use. Of these,

tetracyclines and clindamycin are accepted by the Council on Dental therapeutics, American Dental Association. Other antibiotics appropriate for use in Dentistry include penicillin, erythromycin, cephalosporins and bacitracin (Felpel, 1997). Oral infections are usually caused by aerobic gram-positive cocci (*Staphylococcus aureus*) and anaerobic microorganisms (Peptostreptococcus) and the use of antibiotics in dentistry is to either treat these or as a prophylaxis to prevent bacterial endocarditis that is caused by  $\alpha$  hemolytic streptococci.

Most acute oral infections respond well to one of the oral penicillin preparations. However Penicillin can cause few adverse side effects, and allergic reactions. A true allergic reaction usually manifests as an irritating rash. Anaphylactoid reactions though rare, occur in susceptible patients within 30 seconds of an intramuscular injection. Signs and symptoms of anaphylaxis include oral paresthesia, cold hands and feet, bronchospasm and wheezing, circulatory collapse, and unconsciousness.

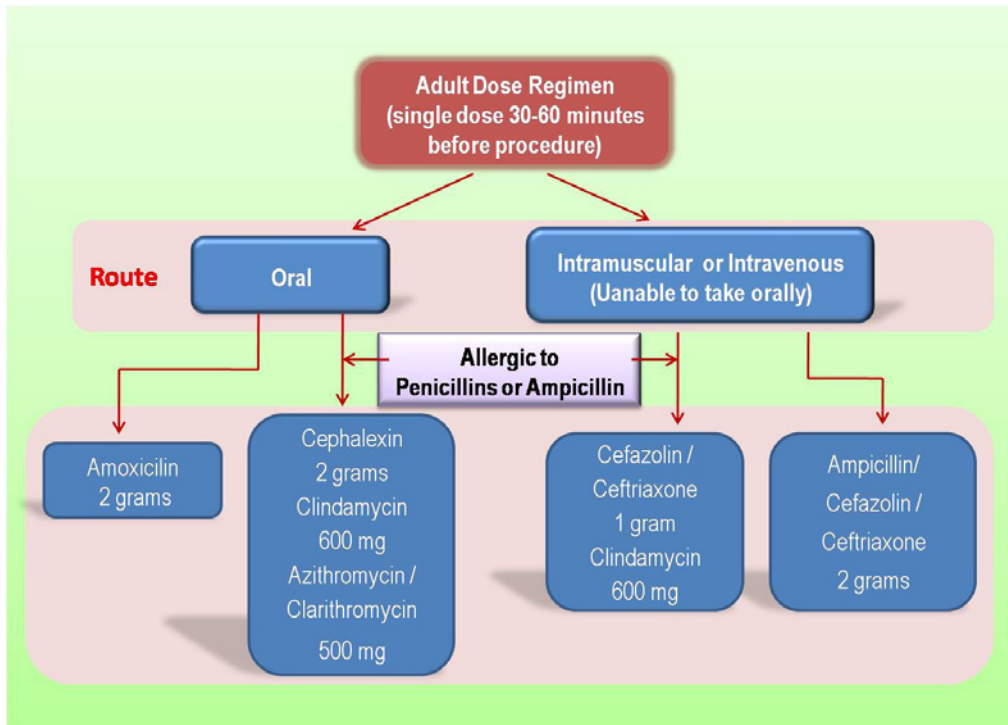
**Table 5. Combination analgesics used in dentistry**

| Trade name                   | Contents       | Amount (mg) |
|------------------------------|----------------|-------------|
| Anacin                       | Asprin         | 400         |
|                              | Caffeine       | 32          |
| Empirin                      | Asprin         | 325         |
|                              | Codeine        | 15/30/60    |
| Tylenol                      | Acetaminophen  | 300         |
|                              | Codeine        | 15/30/60    |
| Vicodin                      | Acetaminophen  | 660/750     |
|                              | Hydrocodone    | 10/7.5      |
| Percodan                     | Asprin         | 325         |
|                              | Oxycodone      | 2.44/4.88   |
| Percocet                     | Acetaminophen  | 325/500/650 |
|                              | Oxycodone      | 5/7.5/10    |
| Talwin                       | Asprin         | 325         |
|                              | Pentazocaine   | 12.5        |
| Talacen                      | Acetaminophen  | 650         |
|                              | Pentazocaine   | 25          |
| Ultracet                     | Acetaminophen  | 325         |
|                              | Tramadol       | 37.5        |
| Synalgos                     | Asprin         | 356.4       |
|                              | Caffeine       | 30          |
|                              | Dihydrocodeine | 16          |
| Vicoprofin                   | Ibuprofen      | 200         |
|                              | Hydrocodone    | 7.5         |
| Combiflam/Renofen<br>Answell | Acetaminophen  | 325         |
|                              | Ibuprofen      | 400         |



**Fig. 1. Spectrum of activity of antibiotics**

Alternatives to penicillin include Erythromycin, Cephalosporins, Clindamycin, and Tetracycline but Cephalosporins should not be used in a person with a history of anaphylaxis, angioedema or urticaria with penicillins or ampicillin. Erythromycin estolate and Erythromycin ethylsuccinate are contraindicated in the presence of liver dysfunction as they can cause cholestatic hepatitis. The use of Tetracyclines should be avoided during pregnancy and in children below 8 years because permanent staining of deciduous and permanent teeth and retardation of bone growth may occur. Other adverse effects include gastrointestinal upset, hepatotoxicity, nephrotoxicity, photosensitivity and impaired calcium absorption. Similarly, quinolones should be avoided in children, pregnant or nursing women, and in epileptics (Felpel, 1997). Antibiotic prophylaxis is recommended for dental procedure in patients with prosthetic cardiac valve, previous infective endocarditis, cardiac transplantation recipients who develop cardiac valvulopathy and during the first six months following any procedure to treat congenital heart disease (Prevention of infective endocarditis, 2007). Antibiotic coverage for invasive dental procedures is recommended in patients with poorly controlled or uncontrolled diabetes, infective endocarditis, 2007) but not in those having orthopedic prosthesis placed over 2 years prior to the dental procedure. Advisory statement, (2003) lists the dental procedures requiring antibiotic prophylaxis while. Figure 2 shows the current regimen of prophylactic antibiotics to be administered (Prevention of infective endocarditis, 2007; Tong and Rothwell, 2000). Prophylactic use of antibiotics in conjunction with dental treatment should be avoided unless there is a clear indication since unwarranted overuse of antibiotics can lead to development of resistant strains of microorganisms (Barker, 1999).



**Fig. 2. Antibiotic prophylactic regimen for dental procedures in high risk patients**

## 2.6 Antifungals

Oral moniliasis (thrush) is a fungal infection of the oral cavity caused by *Candida albicans*. *C. albicans* can also colonize prosthetic devices like dentures. At least 2 weeks of therapy are required for treating oral candidiasis. Nystatin (Mycostatin) is the most common drug used in dentistry and it can have a fungistatic or fungicidal effect depending on its dose. A 2-3 ml (100,000 units/ml) suspension or 1-2 lozenges (200,000 units each) may be used four to five times per day. Colonized dentures can be treated by soaking them in a nystatin solution or applying an ointment (100,000/g) of nystatin to the tissue surface. Clotrimazole (Mycelex), a fungistatic can be used in a dose of 10 mg troches dissolved in the mouth five times a day. Since Nystatin and Clotrimazole are not appreciably absorbed from the gastrointestinal tract, the topical route is preferred for their administration. Oral Fluconazole (Diflucan) in a dose of 50 to 100 mg/day and Itraconazole (Sporanox) 200mg/day are broad-spectrum antifungal agents that are effective in treating oropharyngeal and esophageal candidiasis (Yagiela et al., 2004e).

Table 6. List of Antimicrobial drugs

| Mechanism of action                       | Class                                 | Generic name                    | Trade name       | Dose(mg)/ Interval (hours)             | Effect         |                |
|---|---------------------------------------|---------------------------------|------------------|--|----------------|----------------|
| Inhibition of cell wall synthesis         | Penicillin                            | Ampicillin                      | Penicillin       | 250-500/6                              | Bacteriocidal  |                |
|   |                                       | Amoxicillin                     | Amoxylin         | 250-500/8                              | Bacteriocidal  |                |
|   | Beta-lactamase inhibitors             | Clavulanic acid                 | Augmentin        | Amoxicillin 250+ Clavulanic acid 125/8 | Bacteriocidal  |                |
|   |                                       | Cephalosporins                  | Cefadroxil       | Duricef                                | 500/12         | Bacteriocidal  |
|   | Cephalexin                            |                                 | Keflex           | 250-500/6                              | Bacteriocidal  |                |
|   | Cephadrine                            |                                 | Velosef          | 250-500/6                              | Bacteriostatic |                |
|   | Cefaclor                              |                                 | Keflor           | 250-1000/8                             | Bacteriocidal  |                |
|   | Cefixime                              |                                 | Topcef           | 200/12                                 | Bacteriocidal  |                |
|   | Alteration of cell membrane integrity | Polypeptide                     | Polymyxin B      | Aerosporin                             | Topical        | Bacteriostatic |
| Neomycin                                  |                                       |                                 | Mycifradin       | Topical                                | Bacteriostatic |                |
| Bacitracin                                |                                       |                                 | Baciguent        | Topical                                | Bacteriostatic |                |
| Inhibition of ribosomal protein synthesis | Macrolide                             | Erythromycin stearate           | Erythrocin       | 250-500/ 6                             | Bacteriostatic |                |
|   |                                       | Erythromycin estolate           | Althrocin        | 250-500/6                              | Bacteriostatic |                |
|   |                                       | Erythromycin ethylsuccinate     | Erynate          | 400/6                                  | Bacteriostatic |                |
|   | Tetracycline                          | Tetracycline                    | Azithromycin     | Azithral                               | 500/24         | Bacteriostatic |
|   |                                       |                                 | Roxithromycin    | Roxid                                  | 150-300/12     | Bacteriostatic |
|   |                                       |                                 | Oxytetra-cycline | Terramycin                             | 250-500/6-12   | Bacteriostatic |
|   |                                       |                                 | Minocycline      | Minocin                                | 100/12         | Bacteriocidal  |
|   |                                       |                                 | Doxycycline      | Vibramycin                             | 100/12-24      | Bacteriocidal  |
|   |                                       |                                 | Tetracycline     | Achromycin                             | 250-500/12     | Bacteriocidal  |
|   |                                       |                                 | Clindamycin      | Cleocin                                | 150-450/6      | Bacteriostatic |
|   | Inhibition of nucleic acid synthesis  | Lincosamide                     | Clindamycin      | Cleocin                                | 150-450/6      | Bacteriostatic |
|   |                                       | Nitroimidazole                  | Metronidazole    | Flagyl                                 | 400/8          | Bacteriocidal  |
|   |                                       | Fluoroquinolones                | Ciprofloxacin    | Ciplox                                 | 250-500/12     | Bacteriocidal  |
| Norfloxacin                               |                                       |                                 | Norflox          | 400/12                                 | Bacteriocidal  |                |
| Inhibition of folic acid synthesis        | Sulphonamides                         | Levofloxacin                    | Tavanic          | 500/24                                 | Bacteriocidal  |                |
|   |                                       | Sulfadizine                     | Sulfadizine      | 500/6                                  | Bacteriostatic |                |
|   | Cotrimoxazole                         | Trimethoprim+ sulfa-methoxazole | Septan           | 80-160+400-800/12                      | Bacteriocidal  |                |

## 2.7 Antianxiety Drugs

Antianxiety agents are used in clinical dentistry for premedication in an apprehensive patients pending operative procedure like Implant surgery. Antianxiety agents are known to summate with anesthetics, opioid analgesics, antidepressants, sedative-hypnotics and alcohol to cause excessive CNS depression (Yagiela et al, 2004f), hence should be prescribed with caution. Benzodiazepines such as Diazepam (Valium), Lorazepam (Ativan) and Alprazolam (Xanax) and Antihistamines such as Hydroxyzine (Vistaril) and Promethazine (Phenergan) are the preferred anxiolytics for use in dentistry. They should preferably have a rapid onset and a short duration of action. Diazepam (2-10mg), Lorazepam (2-6 mg) and Alprazolam (0.25-1.5mg) have a 12-24 hour duration of action whereas antihistamines in a dose of 25-100mg have a 4-6 hour duration of action. The use of Benzodiazepines is contraindicated in patients with psychosis, acute narrow-angle glaucoma, or liver disease.

## 2.8 Centrally Acting Muscle Relaxants

These are drugs that reduce skeletal muscle tone without altering consciousness. They are used in chronic spastic conditions and acute muscle spasms of the temporomandibular joint. Table 8 lists the various drugs used alone or in combination with analgesics as muscle relaxants in Dentistry. These drugs usually cause slight sedation hence caution is to be exercised regarding operation of motor vehicles. These drugs have a potential for abuse and dependence hence prolonged administration and abrupt stoppage is to be avoided (Stanko, 1990).

**Table 7. Dental procedures requiring antibiotic prophylaxis**

| <b>Prophylaxis recommended</b>  | <b>Prophylaxis not recommended</b>   |
|---|--|
| Dental extractions  | Postoperative suture removal   |
| Subgingival placement of antibiotic fibers or strips                        | Making impressions or Taking radiographs                                   |
| Intraligamentary local anesthetic injection                                 | Local anesthetic injections  |
| Initial placement of orthodontic bands                                      | Placement and adjustment of removable Prosthesis and Orthodontic appliance |
| Prophylactic cleaning of teeth or implants with anticipated bleeding        | Restorative procedures (with/without retraction cord)                      |
| Endodontic instrumentation or surgery beyond the tooth apex                 | Endodontic procedures, post placement and buildup                          |
| Dental implant placement, reimplantation of teeth                           | Placement of rubber dams   |
| Periodontal procedures including surgery, scaling, root planing and probing | Bleeding from trauma to lips or mucosa                                     |
|   | Shedding of deciduous teeth  |

**Table 8. Centrally acting muscle relaxants**

| Generic name  | Trade name | Content       | Dose (mg) | Dosing interval (hours) |
|---------------|------------|---------------|-----------|-------------------------|
| Casiprodol    | Carisoma   | Casiprodol    | 350       | 6-8                     |
|               | Somaflam   | Casiprodol    | 175       | 6-8                     |
| Chlorzoxazone | Mobizox    | Ibuprofen     | 400       |                         |
|               |            | Chlorzoxazone | 500       |                         |
|               |            | Diclofenac    | 50        | 8                       |
|               | Parafon    | Paracetamol   | 500       |                         |
|               |            | Chlorzoxazone | 250       | 8                       |
| Methocarbamol | Flexinol   | Paracetamol   | 300       |                         |
|               |            | Methocarbamol | 400       | 6                       |
|               | Robiflam   | Paracetamol   | 325       |                         |
|               |            | Methocarbamol | 750       | 8                       |
|               |            | Ibuprofen     | 200       |                         |
| Baclofen      | Lioresal   | Baclofen      | 10-25     | 8-12                    |
| Dantrolene    | Dantrium   | Dantrolene    | 25        | 4-6                     |
| Diazepam      | Valium     | Diazepam      | 2-10      | 12                      |

### 3. DRUGS THAT AID IN PROSTHODONTIC TREATMENT

#### 3.1 Astringents

Astringents are the substances that precipitate proteins, but do not penetrate cells, thus affecting the superficial layer of mucosa only. They toughen the surface by making it mechanically stronger and decrease exudation. Astringents may be administered by retraction cords already impregnated with the agent or by applying them to cotton pellets. Some of the examples are alum, aluminum chloride, zinc chloride (8-20%) and tannic acid (Table 9). Styptics are the concentrated form of astringents. They cause superficial and local coagulation. Some of the examples are ferric chloride and ferric sulfate. Aluminum chloride and Ferrous sulfate are preferred astringents amongst prosthodontists because they cause minimum tissue damage (Rosenstiel, 2006a).

#### 3.2 Vasoconstrictors

Vasoconstrictors are used in dentistry either as components of the local anesthetic syringe or for application with gingival retraction cords. These agents do not produce coagulation of blood but act by constricting blood vessels. Examples of vasoconstrictors accepted by the Council on Dental Therapeutics include Epinephrine (1:200,000/1:100,000/1:50,000), Levonordefrine (1:20,000) and Norepinephrine (1:30,000). Epinephrine is the vasoconstrictor of choice for use in dentistry (Felpel, 1999). It restricts the blood supply to the area by decreasing the size of blood capillaries thereby decreasing hemorrhage and fluid seepage. It is advisable to use low concentration epinephrine (0.01%) for gingival retraction due to its superior effect in keeping the gingival sulcus relatively dry during the impression procedure (Csillag et al., 2007).

**Table 9. List of Hemostatic agents**

| <b>Brand name</b>                             | <b>Constituent</b>  | <b>Action</b>            | <b>Available as</b>                          |
|---|---|--------------------------|--|
| Gel Cord/ Gel cord clear (Pascal)             | 25% Aluminum sulfate Gel  | Biologic fluid coagulant | Cartridge-0.32g<br>Syringe-0.75g<br>Jar- 30g |
| Stat Gel FS (Pascal)                          | 15.5% Ferric sulfate  | Styptics                 |  |
| Racelletcotton Pellets (Pascal)               | Epinephrine   | Vasoconstrictor          | 1.15mg and 0.55 mg pellets                   |
| Rastringent/ Retraxcotton Pellets (Pascal)    | 25 % Aluminum sulfate   | Biologic fluid coagulant | Solution in bottle                           |
| Epidri pellet (Pascal)                        | Racemic epinephrine HCl   | Vasoconstrictor          | 1.9mg pellet                                 |
| Hemostatic gel (Pro-option)                   | 20% Ferric sulfate  | Styptics                 | Syringe                                      |
| Hemostatic solution (Pro-option)              | 15.5% Ferric sulfate  | Styptics                 | Syringe                                      |
| Traxodent/ Hemodent (Premier dental products) | 15% Aluminum chloride   | Biologic fluid coagulant | Syringe                                      |
| Hemostasyl gel (Kerr)                         | 15% Aluminum chloride   | Biologic fluid coagulant | Syringe                                      |
| ViscoStat clear (Ultradent)                   | Aluminum chloride gel   | Biologic fluid coagulant | 1.2 ml syringe                               |
| Gingiaid (GingiPak)                           | 8% dl epinephrine HCl   | Vasoconstrictor          | Syringe                                      |
| Racestyptine (Septodent)                      | 25 % aluminum chloride, oxyquinol, hydroalcoholic excipients.                   | Biologic fluid coagulant | Solution in bottle                           |
| Astringedent (Ultradent)                      | 15.5% Ferric sulfate solution   | Styptics                 | Bottle/ syringe                              |
| Astringedent X (Ultradent)                    | 12.7% Iron Solution Containing Equivalent Ferric sulfate and Ferric Sub sulfate | Styptics                 | Bottle/ syringe                              |
| ViscoStatWintermint (Ultradent)               | 20% Ferric sulfate gel  | Styptics                 | Syringe                                      |
| ViscoStat Clear (Ultradent)                   | 20% Aluminum chloride gel   | Biologic fluid coagulant | Syringe                                      |
| QuickStat FS (Vista)                          | 15.5% Ferric sulfate gel  | Styptics                 | Syringe                                      |

### 3.3 Hemostatic Agents

Hemostatic agents are used in dentistry for hemorrhage control and wound protection (Mc Bee and Koerner, 2005). These are drugs which arrest more serious bleeding from cut or lacerated capillaries and arterioles.



Some of the examples are:

- I. Thrombin- It is prepared from mammalian pro-thrombin, acts by accelerating the clotting of blood. It is available in powder form and mixed with saline. It should be applied locally and never injected.
- II. Gel Foam- It is also known as gelatin sponge and is available as a powder or porous sheet. The hemostatic properties of absorbable gelatin sponge can be improved by soaking it in a thrombin solution before application (Felpel, 1999).

**Table 10. Salivary stimulants**

| <b>Stimulants</b>                         | <b>Type</b>          | <b>Example</b>              | <b>Key ingredients</b>  |
|---|----------------------|-----------------------------|---|
| Mechanical<br>(Masticatory)<br>Stimulants | Sugarless gums       | Biotene                     | Xylitol, Sorbitol, Mannitol,<br>Aspartame, Acesulfame K                 |
|   |                      | Eclipse                     |   |
|   |                      | Orbit                       |   |
| Chemical<br>Stimulants                    | Sugarless<br>tablets | Airwaves                    | Carboxymethylcellulose/<br>hydroxypropylmethylcellulose<br>Alcohol free |
|   |                      | Trident,<br>Xylifresh       |   |
|   | Salix                |                             |   |
| Electrical<br>Stimulation                 | Solutions            | Mouth-Kote                  | Mucopolysaccharide Sol with<br>citric acid                              |
|   |                      | Optimoist                   | Citric acid   |
|   |                      | Salitron                    | Intra-oral electronic stimulator of<br>saliva                           |
| Pharmacologic<br>Stimulant                | Drugs                | Salagen<br>(PilocarpineHCl) | Cholinergic agonist   |
|   |                      | Evovac<br>(CevimelineHCl)   | Cholinergic agonist   |
| Oral<br>moisturizers                      | Solutions            | Water                       | Carboxymethyl cellulose and<br>hydroxyethyl cellulose                   |
|   |                      | Salivart                    |   |
|   |                      | Oralube                     |   |
| Gel                                       | Gel                  | Xero-Lube                   | Carboxymethyl cellulose and<br>hydroxyethyl cellulose                   |
|   |                      | Moi stir                    |   |
|   |                      | Glandosane                  |   |
|   |                      | Aqwet                       | Carboxymethylcellulose with<br>flouride                                 |
|   |                      | Orex                        |   |
|   |                      | Plax                        | Water-glycerin agent  |
|   |                      | Oral Balance                | Glycerate polymer   |

### 3.4 Sialogogues

Xerostomia may result from disease states (Sjogren's syndrome, rheumatoid arthritis, diabetes insipidus, pernicious anemia), from radiation, as a side effect of a wide variety of drugs, or from natural aging. Edentulous patients suffering from xerostomia may experience

difficulty in using dentures and an increased incidence of intraoral candidal infection (Felpel, 1999). Sialogogues are the agents which activate muscarinic cholinergic receptors of the parasympathetic nervous system to increase salivary flow in patients with xerostomia (Tripathi, 2008b). Various agents can be used as salivary stimulants (Table 10). All commercially available preparations have a limited duration of action, making frequent application necessary. Agents such as sugar free gum or candies and lozenges containing citric acid sorbitol, mannitol or xylitol may be recommended. According to Boucher, making a conscious effort of consuming at least eight glasses of water, juice or milk daily is the most important measure to relieve dry mouth (Zarb and Bolender, 2004a). Pilocarpine and Bethanechol have been reported as potentially effective sialogogues for xerostomic patients in a study on patients with dry mouth following cancer therapy (Gorsky et al., 2004). Carboxy methyl cellulose based artificial saliva demonstrated moderate effects in reducing dry mouth-related symptoms with more significant effects appearing in patients whose residual secretory potency was severely compromised (Oh et al., 2008).

### **3.5 Anti-sialogogues**

These agents are used to decrease salivary secretion by cholinergic antagonist action. They decrease salivary secretion by inhibiting the action of myo-epithelial cells in the salivary glands thus producing a dry field. Methantheline and Propantheline (synthetic atropine derivatives) are few examples of anti-sialogogues, with Propantheline being 5 times more potent. Clonidine (0.2mg) an antihypertensive drug has been found to be as effective as methantheline (50 mg) in reducing salivary flow (Wilson et al., 1984). For the desired reduction in salivary flow, the oral administration of atropine, scopolamine, or methantheline and propantheline should precede the clinical procedure by 1 to 2 h, half to 1 h, or one-half an hour, respectively. Medications with anti sialogogic effect include (Rosenstiel et al., 2006b); probanthine (7.5 to 15 mg), robinul (1 to 2 mg), saltropine (0.4 mg) and antipasbentyl (10 to 20 mg). Anticholinergic drugs are contraindicated in patients with glaucoma, prostatic hypertrophy, severe gastrointestinal disorders (ulcerative colitis, obstructive disease, intestinal atony), and myasthenia gravis (Felpel, 1999).

### **3.6 Gum Paints**

Gum paints are the combination of antiseptics and tanning agents which precipitate proteins but do not penetrate cells thereby affecting only the superficial layer making it mechanically stronger and decreases exudation. They have germicidal, fungicidal, anesthetic and healing properties. When applied, they provide a soothing, cooling and an astringent effect. All these preparations contain Choline salicylate, Tannic acid, Cetrimide, Thymol, Camphor, Cinnamon oil, Iodine and Alum (hydrated potassium aluminum sulfate). 'Zingisol' containing 2% Zinc Sulfate is used to control bleeding gums. The patient is advised to apply 3-4 drops on finger and massage 3-4 times a day. 'Sensoform' gum paint (Warren) contains tannic acid, glycerine and potassium iodide and is applied on affected area several times with the cotton applicator for the treatment of stomatitis, inflammation and bleeding gums. It also decreases sensitivity and increases gingival resistance against infections. 'Stolin' gum paint (dr. reddy's) 15ml contains cetrimide 0.1 % w/v, tannic acid 2 % w/v, zinc chloride 1 % w/v. 'Sensorok' gum astringent with zinc sulfate is used for gum massage 2-3 times daily. Other commonly available brands include Gumex and Pyastringent, Payogum and Pyosan.

### **3.7 Denture Cleansers**

It must be emphasized that improper care of dentures can have detrimental effects on the health of the denture supporting tissues. Maintenance of adequate denture hygiene is essential to minimize and eliminate adverse tissue reactions. It must be an integral component of post insertion patient care (Zarb and Bolender, 2004b). Following are the requirements of an ideal denture cleanser:

- Should be non toxic
- Easy to remove and harmless to the patient
- Be able to dissolve the denture deposits such as calculus
- Exhibit bacteriocidal and fungicidal effect
- Should have long shelf life and inexpensive
- Harmless to the denture base materials, denture teeth as well as soft liners

Commonly available denture cleansers are available in powder and tablet form and include:

- a) Oxygenating cleansers- overnight immersion of dentures in alkaline peroxide solution is a safe and effective method.
- b) Hypochlorite cleansers- immersion of the dentures in a solution of one part of 5% sodium hypochlorite in three parts of water followed by light brushing is advisable.
- c) Dilute mineral acids.
- d) Abrasive powders and pastes.
- e) Enzyme containing minerals (proteases).

Commercially available denture cleansers include Kleenex, Stain Away, Polident, Triclean, Efferdent.

### **3.8 Denture Adhesives**

Denture adhesives augment the same retentive mechanisms already operating when a denture is worn. They consist of keraya gum, tragacanth, sodium carboxyl methyl cellulose, polyethylene oxide, flavouring agents, antimicrobial agents and plasticizers. They enhance retention through optimizing interfacial forces by increasing the adhesive and cohesive properties and viscosity of the medium lying between the denture and the basal seat and eliminating voids between the denture base and the basal seat (Zarb and Bolender, 2004c).

They are supplied in powder and paste form. Method of application is as follows:

- (1) The powder is sprinkled on the wetted denture base and after the excess powder is shaken off; the prosthesis is inserted and seated firmly.
- (2) Placement of thin beads of adhesive is recommended in the incisor and molar regions in case of cream type. An anteroposterior bead should be placed along the midpalate in the maxillary unit.

Commercially available denture adhesives are Fixodent, Poligrip, Cushion grip, Rigident, SeaBond wafers, Secure, Effergrip and Staydent.

### **3.9 Oral Protective Agents**

These agents are finely powdered, inert and insoluble. They afford physical protection to the mucous membrane thus are used for apthous ulcers and gingival inflammation. All these gel preparations should be applied 2-3 times daily. The Lignocaine based preparations contain Lignocaine hydrochloride, Benzalkonium and Choline salicylate. Examples are Dentogel, Dologel and Emergel. Dentasep, Dentonex-M, Maghex-M and Metrogyl DG gel are examples of metronidazole and chlorhexidine preparations. Oraguard B and Mucopain are gels containing Benzocaine as the active ingredient. Petroleum jelly is also used successfully as an oral protective agent.

### **3.10 Demulcents**

These are inert substances which sooth the inflamed and denuded mucosa by preventing contact with air or irritants in the surrounding. They can be applied as thick colloidal and viscid solutions in water. Commonly used agents are Gum Acacia and Gum Tragacanth. These are used as suspending agents for indiffusible powders, emulsifying agents for oils and in lozenges. Glycerin (50-75%) in water acts as a popular vehicle for gum paint(Tripathi, 2008c).

## **4. CONCLUSION**

All the pharmacological agents mentioned are used either before commencement of the treatment, during the treatment or at the post treatment duration. Judicious use of these agents yield good results and have a positive effect in the success of any prosthesis. Therefore, a prosthodontist should have sound knowledge of the benefits and drawbacks of these agents in achieving the desired results.

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